CALIFORNIA NORTHSTATE UNIVERSITY COLLEGE OF PHARMACY

8th California Capitol Region East & West Health Fair

Sunday, November 15, 2026 • CNU Event Center, Elk Grove, California

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Pictured above are Dean Xiaodong Feng, along with faculty preceptor, Dr. Tarek Kassem, and CNUCOP student organization members.

The California Northstate University College of Pharmacy (CNUCOP) proudly participated in the 8th California Capitol Region East & West Health Fair on Sunday, November 15, 2026, at the CNU Event Center in Elk Grove, California.

Presented by the Sacramento Chinese Culture Foundation (SCCF), the annual event united Eastern and Western medical professionals, healthcare organizations, educational institutions, community partners, and volunteers to expand access to free preventive healthcare and wellness education.

Community Outreach

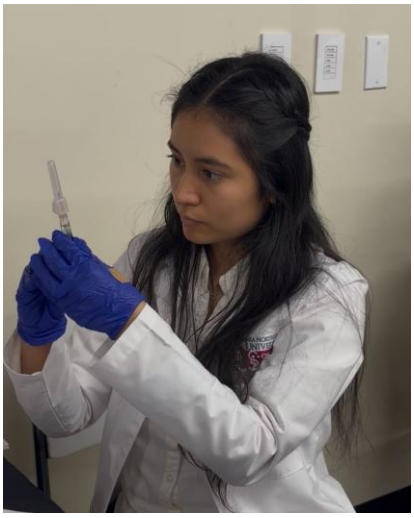
- **1,000+** guests and volunteers welcomed
- **80+** organizational and vendor booths
- **22** free influenza immunizations administered
- **50+** chronic disease screenings and education conducted

Tune In: Local Media Coverage

KTSF Channel 26 will feature the East & West Health Fair in a news segment scheduled to air on **Friday, November 20, 2026, during its 7:00 PM newscast**, spotlighting community health initiatives and accessible preventive care.

Community Impact & Interprofessional Collaboration

Attendees received free medical, dental, pharmacy, nursing, and mental health education, diabetes screenings, vision and hearing checks, and influenza immunizations, alongside Eastern medicine services including acupuncture, acupressure therapy, and herbal medicine samples. Through direct patient counseling, CNUCOP student pharmacists strengthened their clinical skills while championing chronic disease management and preventive care.



Valeria Molina, a first-year pharmacy student, prepares an influenza vaccine for the health fair.



Avani Partap, a second-year pharmacy student, conducts a glucose screening.



Diana Chang and Charalynn Smith, both second-year pharmacy students, educate attendees on opioid overdose reversal using Narcan nasal spray.

> *"With our community, when we join an effort, every mission is possible, every mission is achievable."*
> **— Dr. Xiaodong Feng, Dean and Professor, CNU College of Pharmacy**

The event fostered meaningful interprofessional teamwork among faculty and students from the CNU Colleges of Pharmacy, Medicine, Dental Medicine, Psychology, and Health Sciences & Nursing alongside community and healthcare partners including Vivant Health, UC Davis Medical Center and School of Nursing, Sutter Health, the Sacramento Valley Pharmacists Association, AstraZeneca, the University of the Pacific, Valley High School, the American Alliance of Acupuncture, the American Association of Chinese Medicine & Acupuncture, the American Spinal Injury Association, and Dr. Michelle Lau, O.M.D., among others.

Participating CNU College of Pharmacy Student Organizations (among others):

- CNU-CARES
- Phi Delta Chi
- CNU Student Body Council
- Student College of Clinical Pharmacy
- Industry Pharmacists Organization
- Academy of Psychiatric and Behavioral Health Pharmacists
- American Pharmacists Association – Academy of Student Pharmacists and the California Pharmacists Association

Special thanks to College of Pharmacy faculty preceptors, Dr. Allison Hom and Dr. Tarek Kassem, for dedicating their weekend to mentoring student pharmacists and delivering thoughtful patient care. The College also extends its appreciation to Dr. Suzanne Clark, Director of Admissions at the College of Pharmacy, for staffing the Admissions table and representing California Northstate University.

Cultural Celebration & Community Partnerships

Beyond clinical screenings and immunizations, the health fair celebrated cultural diversity through professional seminars, lion and dragon dances, Shaolin Kung Fu demonstrations, a cultural diversity showcase, children's activities, raffle prizes, and multicultural cuisine—giving families an engaging way to explore cultural traditions while connecting with local healthcare resources.

CNU College of Pharmacy extends its sincere appreciation to the Sacramento Chinese Culture Foundation, event organizers, participating healthcare organizations, sponsors, faculty, preceptors, student pharmacists, and volunteers for making this event possible. Through community engagement, interprofessional collaboration, and experiential learning, CNUCOP remains dedicated to advancing public health and making a meaningful difference across the communities it serves.

California Northstate University College of Pharmacy • 9700 West Taron Drive, Elk Grove, CA 95757
Learn more about our PharmD program & community outreach at **pharmacy.cnsu.edu** | Follow **@cnucop** on Instagram for event highlights & recap video